September 8 group meeting & lunch out

Meeting: 10 – 11 am.

Program: An informal round-table discussion about our personal experiences with osteoporosis management and treatment.

Meeting location: Methodist Richardson Medical Plaza 1, 403 W. Campbell Road, Richardson, in copper Conference Room 3.

Lunch: After the meeting, you are invited to join us for lunch at Urban Eats, 1811 N. Greenville Ave. #100, Richardson.

It's on the east side of Central, on the same Campbell road as the meeting. After going under Central, take the first turn in on the right and go straight back a bit and you’ll see it. The restaurant offers quality salads, sandwiches, burgers and pizzas in the price range $7 to $9.

Our guest speaker today, August 11, is Nancy DiMarco, PhD, CSSD, Director, Institute for Women's Health, Texas Women’s University, Denton.

Welcome Dr. Nancy!

Jan advocates in Washington for osteoporosis patients and fracture prevention

Group member, Jan Killen, met June 19, in Washington, with her Congressman Kenny Marchant (TX-24). She asked Congress to continue Medicare coverage for DEXA testing, and for the coordination of medical records for improved patient treatment. She expressed the importance of Congress providing for the negotiation of Plan D drug pricing with pharmaceutical manufacturers, to help keep down costs to patients.

Jan also drew attention to the huge, and increasing, impact of fractures on healthcare costs, and the National Bone Health Alliance’s 2Million$Many campaign. (See separate sheet about the NBHA.)

Jan says, in her letter to Congressman Marchant: “The basic message [of the campaign] is that the current large fracture rate is projected to increase to 3 million by 2026 at a cost of $25 billion to the healthcare system. We can make a difference with early testing and treatment.”

Good job, Jan! We appreciate your efforts, and hope Congress does, too!

Calendar

August 18 (Sat)
10 am to 1 pm
St. Barnabus Presbyterian Church Health Fair, 1220 W. Belt Line Road, Richardson (Rita Kilborn will have an osteoporosis information table. Visitors welcome!)

September 8 (Sat)
See article, left

September 22 (Sat)
Healthy Living Expo
9 a.m. to 1 p.m.
Curtis Culwell Center 4999 Naaman Forest Blvd. Garland
Numerous health care and environmental exhibitors. (We have an information table. Come on by!)

October 13 (Sat)
10 am to 11 am
Group meeting at Methodist Richardson Medical Center, 2821 E. Pres. Geo. Bush Hwy, Richardson in Conference Room 200.
Judith Barnes will show and discuss the exercise DVD “Skeletal Fitness” by Mira-bai Holland

Podiatric Medicine
25 printed copies of Dr. Northcutt’s presentation at our July meeting are available today. A PDF file has been sent out to the group email list.

Dr. Northcutt’s contact information is:
Dallas Podiatry Works
Phone: 972-566-7474
Website: www.DallasPodiatryWorks.com

Prior to the Capitol visit, Jan met with Bea Duque-Long (NOF staff member)